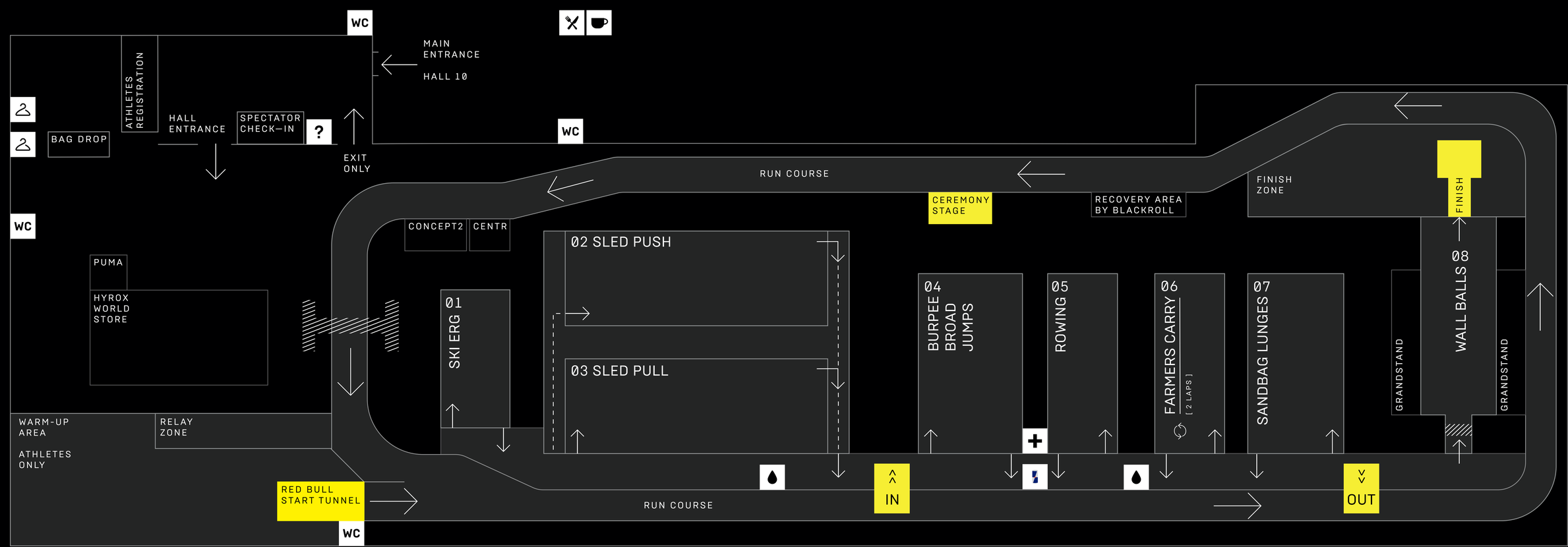
HYROX
ABU DHABI

23RD–25TH OCTOBER 2026
ADNEC CENTRE ABU DHABI | ENTRANCE HALL 10



SPECTATOR AREA
ATHLETE AREA
CROSSING POINTS

WATER STATION
RED BULL ENERGY STATION/POINT
BATHROOM
MEDIC ZONE

CHANGING ROOM
HELP DESK
FOOD COURT
BEVERAGES