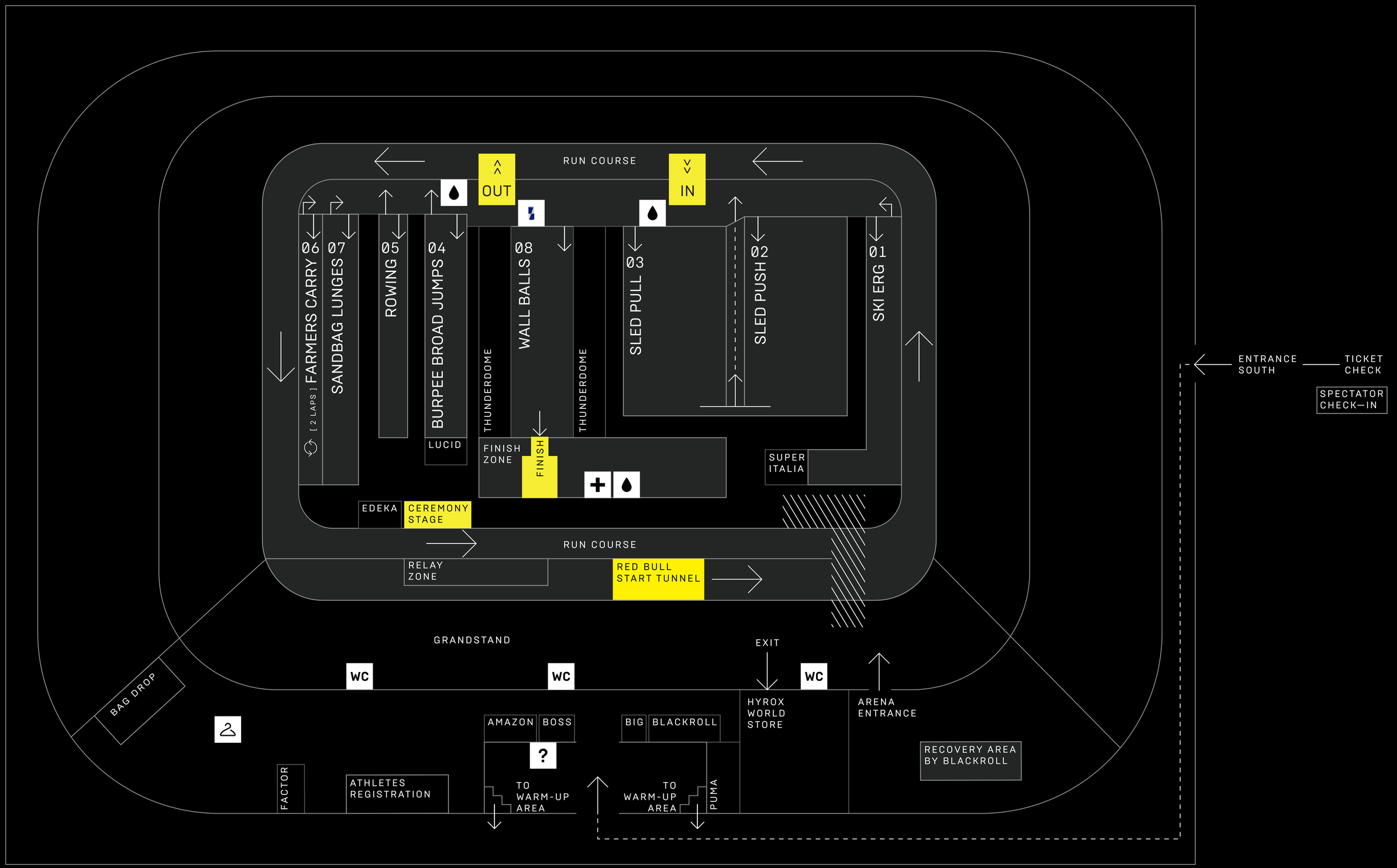
HYROX
DÜSSELDORF

11TH — 15TH NOVEMBER 2026
MERKUR SPIEL ARENA | ENTRANCE SOUTH



- STAIRS
- SPECTATOR AREA
- ATHLETE AREA
- CROSSING POINTS
- WATER STATION
- RED BULL ENERGY STATION/POINT
- BATHROOM
- MEDIC ZONE
- CHANGING ROOM
- HELP DESK
- FOOD COURT
- BEVERAGES