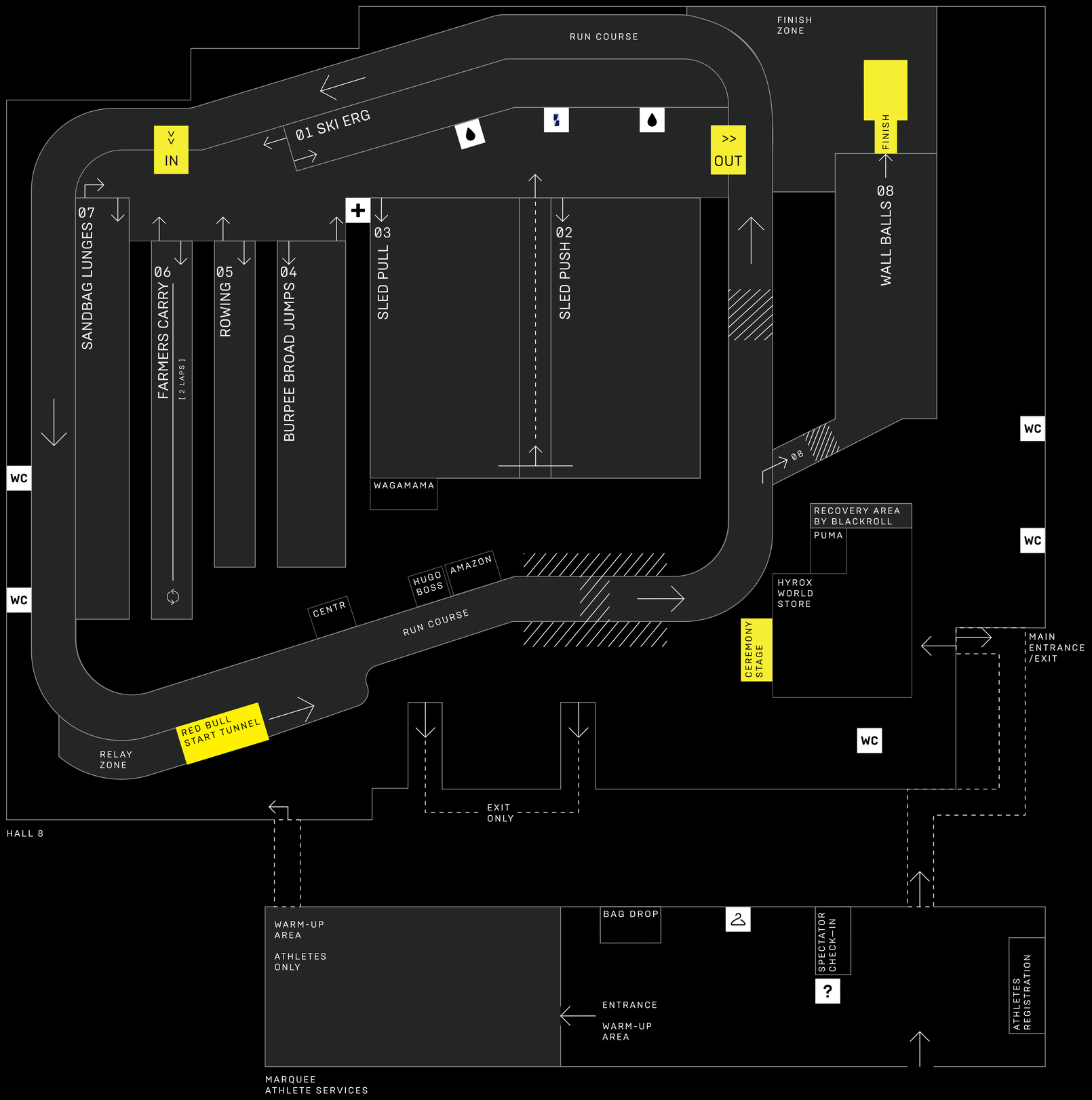
HYROX
DUBLIN

11TH–15TH NOVEMBER 2026
ROYAL DUBLIN SOCIETY RDS | HALL 8 | MAIN ENTRANCE



- SPECTATOR AREA
- ATHLETE AREA
- CROSSING POINTS

- WATER STATION
- RED BULL ENERGY STATION/POINT
- WC BATHROOM
- MEDIC ZONE
- CHANGING ROOM
- HELP DESK
- FOOD COURT
- BEVERAGES